

October 2025

GRAVENHURST MANOR RETIREMENT CONNECTED THROUGH KINDNESS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00 Walking Club 9:30 Fun with Words 11:00 Fall Decorating 12:00 Friendship lunch 1:30 Painting Project 6:30 Evening Cards	2 9:00 Morning Gratitude and Affirmations 9:30 Music & Movement 10:00 Sing-along with Dee 2:00 Bingo 2:30 Jeopardy Trivia 6:00 Evening Cards	3 9:00 Morning Gratitude and Affirmations 9:30 Music & Movement 11:00 Cornhole Game 2:00 Bingo 2:30 Fit Minds 3:00 Wine Social 6:30 Evening Cards	4 9:00 Gentle Stretching Exercise 10:00 Dominoes 11:00 Cornhole Game 2:00 Bingo 6:00 Movie Night
5 9:00 Sunday Mass 10:00 Creative colouring pages 12:30 Oktoberfest 3:00 Reading club 6:00 Jigsaw puzzle	6 9:30 Keep Fit 10:00 Pictionary 12:00 Dining Room Banter 2:00 Coffee Hour w/ Laurence Marks 6:30 Evening Cards	7 9:30 Thankful Wreath 10:00 Chair Exercise 2:00 Bingo 2:30 Jeopardy Trivia 4:00 1 on 1 visit 6:30 Evening Cards	8 9:00 Walking Club 9:30 Fun with Words 11:00 Wheel of Fortune 12:00 Friendship lunch 1:30 Painting Project 6:30 Evening Cards	9 9:00 Morning Gratitude and Affirmations 9:30 Keep Fit 10:00 Sing-along with Dee 2:00 Bingo 2:30 Jeopardy Trivia 6:30 Evening Cards	10 9:00 Gratitude Pie Craft 9:30 Music & Movement 11:00 Cornhole Game 2:00 Family Fued 2:30 Carpet Bowling 3:00 Wine Social 6:30 Evening Cards	11 9:00 Gentle Stretching Exercise 10:00 Dominoes 11:00 Cornhole Game 2:00 Bingo 6:00 Movie Night
12 9:00 Sunday Mass 10:00 Painting Project 1:30 Reading club 6:00 Jigsaw puzzle	13 Thanksgiving Day 9:30 Mass Reflection 10:00 Guided Relaxation Stretch 3:30 Singalong	14 9:30 Creative Crafting 10:00 Chair Exercise 2:00 Bingo 2:30 Jeopardy Trivia 4:00 An afternoon in Paris 6:30 Evening Cards	15 9:00 Walking Club 9:30 Fun with Words 11:00 Wheel of Fortune 12:00 Friendship lunch 1:30 Horse Racing 6:30 Evening Cards	16 9:00 Morning Gratitude and Affirmations 9:30 Keep Fit 2:00 Guest Singer 2:30 Jeopardy Trivia 6:30 Evening Cards	17 9:00 Gratitude Pie Craft 9:30 Music & Movement 11:00 Photobooth 2:00 Bingo 2:30 Family Fued 3:00 Wine Social 6:30 Evening Cards	18 9:00 Gentle Stretching Exercise 10:00 Dominoes 11:00 Cornhole Game 2:00 Bingo 6:00 Movie Night
19 9:00 Sunday Mass 10:00 Creative colouring pages 1:30 Reading club 6:00 Jigsaw puzzle	20 Flu Shots 10:00 Guided Relaxation Stretch 3:30 Singalong	21 9:30 Creative Crafting 10:00 Chair Exercise 2:00 Bingo 2:30 Jeopardy Trivia 4:00 Mapleridge Singers 6:30 Evening Cards	22 9:00 Walking Club 9:30 Fun with Words 11:00 Fall Decorating 12:00 Friendship lunch 1:30 Creative Crafting 6:30 Evening Cards	23 9:00 Morning Gratitude and Affirmations 9:30 Gentle Chair Tai Chi 10:00 Italy Walking Tour 2:00 Bingo 2:30 Word Scramble 6:30 Evening Cards	24 9:30 Balloon Volleyball 11:00 Word Scramble 2:00 Bingo 2:30 Fit Minds 3:00 Wine Social 6:00 Evening Cards	25 9:00 Gentle Stretching Exercise 10:00 Dominoes 11:00 Cornhole Game 2:00 Bingo 6:00 Movie Night
26 9:00 Sunday Mass 10:00 Creative colouring pages 1:30 Reading club 6:00 Jigsaw puzzle	27 9:30 Keep Fit 10:00 Wheel of Fortune 11:00 Poppy Project 12:00 Dining Room Banter 3:30 Mind Trivia 6:30 Evening Cards	28 Hearing Clinic Today 9:30 Creative Crafting 10:00 Chair Exercise 2:00 Bingo 2:30 Jeopardy Trivia 6:30 Evening Cards	29 Hearing Clinic Today 9:30 Crafting for a Cause 10:00 Chair Exercise 2:00 Bingo 2:30 Jeopardy Trivia 6:30 Evening Cards	30 Hearing Clinic Today 9:30 Crafting for a Cause 10:00 Chair Exercise 2:00 Bingo 2:30 Jeopardy Trivia 6:30 Evening Cards	31 9:30 Rock & Leaf Art 11:00 Photobooth 2:00 Bingo 2:30 Family Fued 3:00 Wine Social 6:30 Evening Cards	